

MOAA RESOURCES AVAILABLE FOR SPOUSES/SURVIVING SPOUSES

March 2025

Multiple forms of resources are available on the MOAA website and/or can be mailed upon request. These resources are benefits available for **Premium and Life Members**. The brochure most recently published brochure is “Preparing for the Loss of a Military Spouse”. Per the website “*Preparing for the Loss of a Military Spouse* will help you get your personal affairs into order and help guide survivors through the first steps they need to take after a loved one’s death. Learn about accessing survivor benefits, how to draw up an estate plan, and much more”. This is an excellent resource and has combined several previous publications with updated info. It can be located at <https://www.moaa.org/content/publications-and-media/moaa-publications/help-your-survivors-detail/> .

Several recent webinars relating to preparation are listed below:

What You Need to Know About the Survivor Benefit Plan from 25 Feb 2025

- **SBP Basics:** How the program works, what coverage is available, and how much it costs.
- **Comparing Options:** How SBP stacks up with life insurance plans.
- **Special Considerations:** How medical retirement or having an incapacitated child might affect your plans.
- **The Big Picture:** How to integrate SBP coverage with other survivor benefits.

Available at <https://www.moaa.org/content/benefits-and-discounts/transition-and-careers/transition-center-webinars/survivor-benefit-plan-webinar-archive/>

Every Life Needs a Battle Plan: Preparing Yourself, & Your Family, for

Survivorship 12 March 2025

Losing a spouse is a traumatic event. Preparing yourself and your loved ones in advance provides security and comfort during a vulnerable time after a spouse’s death, helping to avoid the added stress of dealing with the unexpected.

Available at [Every Life Needs a Battle Plan! Preparing Yourself, and Your Family, for Survivorship-20250312 191746-Meeting Recording.mp4.](#)

The MOAA Surviving Spouse Virtual Chapter is another great resource with monthly meetings. For more information or to join, contact mssvc02@gmail.com or find on [MOAA.org](https://www.moaa.org).

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VCOC and PACMOAA Surviving Spouse Liaison